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# Final Regulation Agency Background Document

Agency name	Board of Nursing, Department of Health Professions
Virginia Administrative Code (VAC) citation	18VAC90-20
Regulation title	Regulations Governing the Practice of Nursing
Action title	Requirements for foreign-trained nurses
Date this document prepared	September 15, 2009

This information is required for executive branch review and the Virginia Registrar of Regulations, pursuant to the Virginia Administrative Process Act (APA), Executive Orders 36 (2006) and 58 (1999), and the Virginia Register Form, Style, and Procedure Manual.

## **Brief summary**

Please provide a brief summary (no more than 2 short paragraphs) of the proposed new regulation, proposed amendments to the existing regulation, or the regulation proposed to be repealed. Alert the reader to all substantive matters or changes. If applicable, generally describe the existing regulation. Also, please include a brief description of changes to the regulation from publication of the proposed regulation to the final regulation.

The Board of Nursing has amended its requirements for foreign-trained nurses to eliminate the qualifying examination requirement for registered nurses but retain the educational and licensure review for comparability and the requirement for a test of English proficiency. For practical nurses educated in other countries, the credentials review is retained and a test of English proficiency is included in regulations as it is now required for an occupational visa into the United States. For both professions, the Commission on Graduate of Foreign Nursing Schools (CGFNS) is recognized in federal law and in Virginia regulation as the body that is approved to certify comparability and eligibility. However, the Board may accept other agencies that provide a similar level of assurance and thoroughness in reviewing documents and tests for English proficiency.

There were no changes to the regulation from publication of the proposed to the final regulation.

# Statement of final agency action

Please provide a statement of the final action taken by the agency including (1) the date the action was taken, (2) the name of the agency taking the action, and (3) the title of the regulation.

On September 15, 2009, the Board of Nursing adopted final amendments to 18VAC90-20-10 et seq., Regulations Governing the Practice of Nursing.

# Legal basis

Please identify the state and/or federal legal authority to promulgate this proposed regulation, including (1) the most relevant law and/or regulation, including Code of Virginia citation and General Assembly chapter numbers, if applicable, and (2) promulgating entity, i.e., agency, board, or person. Describe the legal authority and the extent to which the authority is mandatory or discretionary.

Regulations are promulgated under the general authority of Chapter 24 of Title 54.1 of the Code of Virginia. Section 54.1-2400 (6), which provides the Board of Nursing the authority to promulgate regulations to administer the regulatory system:

#### § 54.1-2400 -General powers and duties of health regulatory boards

The general powers and duties of health regulatory boards shall be:

1. To establish the qualifications for registration, certification, licensure or the issuance of a multistate licensure privilege in accordance with the applicable law which are necessary to ensure competence and integrity to engage in the regulated professions.

2. To examine or cause to be examined applicants for certification or licensure. Unless otherwise required by law, examinations shall be administered in writing or shall be a demonstration of manual skills.

3. To register, certify, license or issue a multistate licensure privilege to qualified applicants as practitioners of the particular profession or professions regulated by such board.

4. To establish schedules for renewals of registration, certification, licensure, and the issuance of a multistate licensure privilege.

5. To levy and collect fees for application processing, examination, registration, certification or licensure or the issuance of a multistate licensure privilege and renewal that are sufficient to cover all expenses for the administration and operation of the Department of Health Professions, the Board of Health Professions and the health regulatory boards.

6. To promulgate regulations in accordance with the Administrative Process Act (§ 9-6.14:1 et seq.) which are reasonable and necessary to administer effectively the regulatory system. Such regulations shall not conflict with the purposes and intent of this chapter or of Chapter 1 (§ 54.1-100 et seq.) and Chapter 25 (§ 54.1-2500 et seq.) of this title. ...

In addition, there is statutory language specifying certain requirements for foreign-trained nurses. The provision in subsection B for the CGFNS examination is permissive, giving the Board the option to eliminate the requirement:

*§* 54.1-3017. *Qualifications of applicant for registered nurse's license; examination; graduates of foreign nursing education programs.* 

A. An applicant for a license to practice professional nursing shall submit evidence satisfactory to the Board that such applicant:

1. Has completed an approved four-year high school course of study or the equivalent as determined by the appropriate educational agency;

2. Has received a diploma or degree from an approved professional nursing education program;

3. Has passed a written examination as required by the Board; and

4. Has committed no acts which are grounds for disciplinary action as set forth in this chapter. B. An applicant who graduated from a nursing education program in a foreign country may be required to pass the Commission on Graduates of Foreign Nursing Schools Qualifying Examination prior to admission to the examination for licensure in this Commonwealth.

## Purpose

Please explain the need for the new or amended regulation. Describe the rationale or justification of the proposed regulatory action. Detail the specific reasons it is essential to protect the health, safety or welfare of citizens. Discuss the goals of the proposal and the problems the proposal is intended to solve.

The Board of Nursing received a petition for rule-making requesting the elimination of the examination of foreign-trained nurses by the Commission on Graduates of Foreign Nursing Schools (CGFNS) as a requirement for registered nurse licensure in Virginia. The signatories to the petitions and supporting letters requesting elimination of the CGFNS qualifying examination cite the current nursing shortage as an indication that the Board should consider elimination of any barrier to licensure that is not necessary to ensure the competency of an applicant. Recruitment of nurses from other countries may help alleviate the shortage in Virginia if the barrier of CGFNS examination is removed. Since at least 22 other states currently do not require the CGFNS qualifying examination, foreign-trained nurses often choose to immigrate to those states instead.

Petitioners are not requesting elimination of the credentials review and the test of English proficiency; those coupled with a requirement for passage of National Council Licensing Examination (NCLEX), the national licensing examination that all nurses (RN or PN) must take, should assure that foreign-trained nurses have the basic nursing knowledge, clinical ability, and communication skills to practice with safety. Since NCLEX is more generally available in foreign countries than in the past, many nurses are able to come to the United States fully qualified for licensure. NCLEX is currently administered in Australia, Canada, England, Germany, Hong Kong, India, Japan, Mexico, Philippines, Puerto Rico and Taiwan. For applicants from those countries, the CGFNS qualifying examination is viewed as an additional burden for licensure in Virginia.

## Substance

Please identify and explain the new substantive provisions, the substantive changes to existing sections, or both where appropriate. A more detailed discussion is required under the "All changes made in this regulatory action" section.

Regulations will eliminate the requirement for the CGFNS examination but maintain a requirement for the credentials review and test of English proficiency. Amendments will also authorize acceptance of credentialing by an agency other than CGFNS if approved by the Board.

#### Issues

Please identify the issues associated with the proposed regulatory action, including:
1) the primary advantages and disadvantages to the public, such as individual private citizens or businesses, of implementing the new or amended provisions;
2) the primary advantages and disadvantages to the agency or the Commonwealth; and
3) other pertinent matters of interest to the regulated community, government officials, and the public. If there are no disadvantages to the public or the Commonwealth, please indicate.

1) The primary advantage to the public may be a very modest increase in the availability of foreign-educated nurses. Since a foreign-educated nurse must pass either the CGFNS qualifying examination or NCLEX prior to being given a visa, only applicants from countries where NCLEX is offered would benefit from elimination of the qualifying examination. There are no disadvantages; nurses from other countries would continue to be required to pass NCLEX, have educational credentials comparable to those required in the U. S., have some English proficiency, and have their foreign licenses verified as valid.

2) There are no advantages or disadvantages to the agency or the Commonwealth.

3) There are no other pertinent matters of interest.

## Changes made since the proposed stage

Please describe all changes made to the text of the proposed regulation since the publication of the proposed stage. For the Registrar's office, please put an asterisk next to any substantive changes.

There were no changes to the text.

#### Public comment

Please summarize all comments received during the public comment period following the publication of the proposed stage, and provide the agency response. If no comment was received, please so indicate.

There were 134 comments on the proposed amendments posted on the Virginia Regulatory Townhall. All were in favor of the proposed change to eliminate the CGFNS qualifying examination.

A public hearing on the proposed regulation was held before the Board of Nursing on July 21, 2009. A total of seven persons representing the Philippine Nurses Association and other individuals spoke in favor of eliminating the requirement for the CGFNS qualifying examination. The Virginia Nurses Association also presented a copy of comment in support of the proposed regulatory changes.

# All changes made in this regulatory action

Please detail all changes that are being proposed and the consequences of the proposed changes. Detail new provisions and/or all changes to existing sections.

Current section number	Current requirement	Proposed change and rationale
10	Provides definitions for words and terms used in this chapter.	Adds a definition for "CGFNS" as the Commission on Graduates of Foreign Nursing Schools. Since there are several references to the Commission in the proposed regulations, the use of the initials is less cumbersome.
210	Sets out licensure qualifications for applicants from other countries	In subsection B, requirements for applicants from other countries seeking licensure as registered nurses are amended by: 1. Eliminating the requirement for passage of the qualifying examination from CGFNS. 2. Retaining a requirement for evidence from CGFNS that the secondary education, nursing education, and license are comparable to those required for registered nurses in the Commonwealth; and 3. Specifying that evidence of passage of an English language proficiency examination be approved by the CGFNS, unless the applicant meets the CGFNS criteria for an exemption from the requirement; and <i>Currently, evidence of passage of the CGFNS qualifying examination is required. Prior to being allowed to sit for the CGFNS qualifying examination, an applicant must undergo a credentials review that verifies comparability of the education and licensure of the applicant. CGFNS also requires passage of TOEFL, an English language proficiency examination, unless the applicant comes from an English-speaking country and attended an English-speaking nursing program. CGFNS sends the Board a certification that the applicant has completed all steps and is qualified to sit for NCLEX, the nursing licensure examination. The</i>

	proposed regulation would retain all current qualifications
	and requirements, except the qualifying examination would
	be eliminated.
	Federal law requires passage of the CGFNS Qualifying
	Examination or passage of NCLEX prior to obtaining a
	visa. Therefore, the change in Virginia regulations will only
	benefit those foreign-educated nurses from countries in
	which NCLEX is offered (such as the Phillipines).
	A new subsection C sets out the requirements for applicants
	for practical nurse licensure, which are identical to those for
	registered nurses, except the education and licensure must
	be comparable to those required for practical nurses in
	Virginia.
	<i>Currently, the requirements for practical nurses are set out</i>
	in subsection D, but since the credentials review and
	English proficiency requirements would be similar to RN
	requirements, the two sections were placed in sequence.
	<i>The requirements for a credentials review and licensure</i>
	verification are not changed. However, there is an added
	requirement for a test of English proficiency. Such a
	requirement is necessary to ensure that applicants are able
	to practice with safety and skill in any setting in Virginia.
	Board staff is questioned by employers and applicants about
	a measure of English proficiency, so requiring such a test
	would provide that assurance. In its comment on the
	NOIRA, the CGFNS noted that an educational assessment
	with proof of English proficiency is essential for LPN's, who
	are often the providers of choice in long-term care and
	home health, arenas with healthcare delivery to a very
	vulnerable population and less registered nurse supervision.
	They also noted that the Illegal Immigration Reform and
	Immigrant Responsibility Act of 1996 mandates that a foreign advected music must be competent in anal and
	foreign-educated nurse must be competent in oral and
	written English in order to obtain an occupational visa.
	A new subsection E authorizes the Board to accept
	credentials from recognized agencies, other than CGFNS,
	that review credentials of foreign-educated nurses if such
	agencies have been approved by the board.
	While the Board <u>strongly</u> encourages the use of CGFNS for
	all foreign-educated nurses, it has accepted credentials for practical nurse applicants from a small number of other
	practical nurse applicants from a small number of other
	agencies. CGFNS is nationally and internationally
	recognized for its integrity and reliability and is the only
	agency that has been approved for registered nurse
	credentialing. It is also recognized in federal law as the
	agency recognized to do credentials evaluations for foreign- advanted muses. CCENS noted in its comment that it has
	educated nurses. CGFNS noted in its comment that it has
	been contacted by various state boards of nursing asking for

consultation about questionable diplomas and transcripts for practical nurse applicants. Without the appropriate expertise to do so, it is difficult for Board staff is evaluate whether an unknown credentialing body is accurately and honestly determining comparability and licensure in a
foreign country.

## **Regulatory flexibility analysis**

Please describe the agency's analysis of alternative regulatory methods, consistent with health, safety, environmental, and economic welfare, that will accomplish the objectives of applicable law while minimizing the adverse impact on small business. Alternative regulatory methods include, at a minimum: 1) the establishment of less stringent compliance or reporting requirements; 2) the establishment of less stringent compliance or reporting requirements; 3) the consolidation or simplification of compliance or reporting requirements; 4) the establishment of performance standards for small businesses to replace design or operational standards required in the proposed regulation; and 5) the exemption of small businesses from all or any part of the requirements contained in the proposed regulation.

There are no alternative regulatory methods; requirements for licensure as a nurse are set in regulations adopted by the Board.

#### Family impact

Please assess the impact of the proposed regulatory action on the institution of the family and family stability including to what extent the regulatory action will: 1) strengthen or erode the authority and rights of parents in the education, nurturing, and supervision of their children; 2) encourage or discourage economic self-sufficiency, self-pride, and the assumption of responsibility for oneself, one's spouse, and one's children and/or elderly parents; 3) strengthen or erode the marital commitment; and 4) increase or decrease disposable family income.

There is no impact on the institution of the family and family stability.